



NOVEMBER 2017 NEWSLETTER

Principal: James Gushue

Grade 6-8 Vice-principal: Karen Lander-Pinard

Grade 9-12 Vice-principal: Greg Bower

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CROSS COUNTRY TEAM

MRHS had a hugely successful season with our very own Tyler Baker winning Intermediate Boys' Provincials in Halifax with a time of 17:36, beating out 94 competitors. Other MRHS students competing at Provincials were Emmet Dixon, Evan Harris and Simon Maillet.

The team was made up of ten athletes and trained Tuesdays and Thursdays under the guidance of Greg Dixon. Seven competed at Regionals in Canning and four moved on to Provincials. Although the Cross Country season is short, there was no shortage of strong determination and personal bests from this team!

Congrats on a very efficacious season: Tamami Poirier Tomita, Liam Murphy, Matthew Lander-Pinard, Kelsea Garnett, Tyler Baker, Emmet Dixon, Evan Harris, Simon Maillet, Colby Connell and Chris Johnson. A big thank you to Ryan Elmore and Karen Bower.



SCHOOL PHOTO RETAKES—NOVEMBER 8, 2017



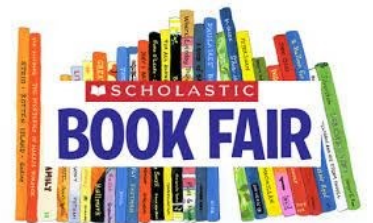
Photo Retake Day will be held on the morning of **Wednesday, November 8, 2017**.

As well, any students who did not have their photo taken on the original photo days are asked to please have their photo taken on Wednesday.

SCHOLASTIC BOOK FAIR

The library is hosting a Scholastic Book Fair from **December 5 to 8 from 8:30 a.m. to 3:30 p.m. (until noon on Friday)**. There will be daily contests, prizes and opportunities for students to see the latest in Scholastic fiction.

Parents are welcome to come in and shop for the holidays.



FORD DRIVE 4 UR SCHOOL



A big **THANK YOU** to Bruce Ford for supporting MRHS and hosting a Ford Drive 4 UR School event. On October 14, Bruce Ford partnered with MRHS Students' Council for a day of test driving Ford vehicles, as well as many other fundraisers for smaller clubs and activities. We successfully met our goal of 300 test drives and received \$6000. Thank you to all those who supported this event!

DEBATE NEWS

On October 7, MRHS hosted a debating workshop which included new debaters from Avon View.

Thank you to everyone who supported the Debate team at the Drive 4 UR School event on October 14!

On October 28-29, nine students attended the Provincial Impromptu Championships at Halifax Grammar School. Results are pending.

On November 3-4, four students will compete in the Sodales British Parliamentary Tournament at Dalhousie University.

On November 10, MRHS Debate will be involved in the High School Showcase at Horton High School.

The Oxford Cup will be held in Montreal from November 23-26. Good luck to Liam Taylor and Skylah Van Wagoner who have qualified to represent Nova Scotia at this event.

REPORT CARDS & PARENT/GUARDIAN-TEACHER VISITS

- **Report Cards** will be issued for Grade 9-12 on **November 16, 2017**
- **Report Cards** will be issued for Grade 6-8 on **November 24, 2017**
- **Parent/Guardian-Teacher Visits** for all grades will take place on **November 28 from 1:00 to 3:30 p.m. and 6:30 to 8:00 p.m.**
- **Early Dismissal** will take place on **November 28 at 12:15** due to the Parent/Guardian-Teacher Visits.

STUDENT-PARENT PORTAL FEATURES

Students and parents/guardians are reminded that there are many features in the portal which will help track the students' most up-to-date information:

- Students' schedules are available for the current week
- Attendance can be viewed
- Provincial assessment results can be seen for those students who have written a provincial assessment
- Senior high students' courses and marks/credits achieved can be viewed which includes up-to-date marks in their current subjects

All students have a login and password. If they do not have this information, they may come to the school office and request it. Students can share this information with their parent/guardian if they so wish, or a parent/guardian may come to the school office and request a parent/guardian login and password. When requesting a login/password, photo identification must be presented at the time of the request.

Please note that during certain reporting periods the student-parent portal may be shut down.

MAGAZINE CAMPAIGN

Total sales for the magazine campaign were \$6400.00. The school will receive 40% of the total sales. A huge **THANK YOU** to parents/guardians and community members who supported this fundraiser.

STUDENT SERVICES

APPLICATIONS TO POST-SECONDARY INSTITUTIONS:

Students and parents are reminded that applications to Nova Scotia Community College are accepted on a first come, first served basis. Apply NOW to avoid disappointment. This can be done online at <http://www.nsc.ca/admissions/applying/>. Also, be aware that "test drives" are available. Students may make appointments to go to the college to check out programs of their choice to see if they are a fit for them via the website.

Applications to universities can be made now with grade 11 marks for early admission. Many students, however, wait until they have first semester results before they apply. Students are accepted based on criteria such as averages and courses completed rather than first come, first served as with NSCC. Bear in mind that entrance scholarships and bursaries have application deadlines that are particular to each institution. Check websites for details.

INFORMATION FOR MRS. ARTHUR:

Mrs. Arthur needs to know students' plans for after graduation. When you are accepted to and have decided to attend a post-secondary institution, please let her know for statistical purposes. Please also fill in your **Student Profile sheets** and pass them in to the main office. Extra forms are available in Student Services and in the main office. This valuable information is used throughout the school year to decide upon nominees for some awards, scholarships and bursaries.

STUDENT ASSISTANCE PRESENTATION:

Wondering about how to apply for a Student Loan? There will be an information session in the library on **November 22, 2017** beginning at **6:30 p.m.**

SCHOLARSHIP AND BURSARY INFORMATION:

Applications for scholarships and bursaries are coming in all the time. Please see Mrs. Arthur to get up-to-date information. Have questions or concerns? Come and talk to Mrs. Arthur. Have you won an award, bursary or scholarship? Please let Mrs. Arthur know.

ALERTSOLUTIONS MESSAGES FOR WEATHER-RELATED CANCELLATIONS AND EMERGENCY MESSAGES

The Annapolis Valley Regional School Board will use AlertSolutions to send emergency and cancellation notices to parents/guardians. AlertSolutions is part of the student information system, and uses the contact information parents/guardians have on file at school to send text, email and/or phone messages.

Contact preferences can be managed through the Parent Portal of PowerSchool or by contacting the school office. For those who aren't parents/guardians, such as grandparents or daycare providers, AVRSB offers *Notify Me*, a text/email notice service by subscription. To subscribe, visit www.avrsb.ca/content/notify-me.

Parents/Guardians who previously signed up for *Notify Me* may wish to unsubscribe to this service to avoid receiving duplicate messages. Visit www.avrsb.ca/content/notify-me to unsubscribe.

EXPLORATORIES

Exploratories will be held on November 15 and 21 for Grade 6 to 8 students.

Students will sign up from a variety of activities offered, including activities at NSCC. Exploratories take place during school hours.

YEARBOOK NEWS

Yearbooks will be sold in the main lobby during junior and senior lunches from **October 30 through to November 10**. It is highly recommended that books be pre-ordered to ensure a copy in June. Books can be purchased for \$37.00 for a non-personalized or \$40.00 for a personalized book. Personalization is only available for a short period of time so ensure that you purchase early!

For your convenience you can also order online any time. Please see the school website and follow the link to make an online purchase.

ATTENTION GRADS: Baby photos and grad write-ups must be submitted to the green yearbook bin in the office by **November 6**. Please identify your name and homeroom on the back of any baby photos. Please also ensure that your write-ups are no longer than 250 characters. If students do not submit a write-up, a stock write-up will be used instead. Inappropriate language and comments will be deleted.



WE DAY 2017-2018

On Thursday, November 30, 41 Grade 9 students from MRHS will be attending WE Day in Halifax. At **WE Day**, students will learn about different social issues and will be provided with the tools that hopefully will inspire them to take action to make this world a better place. Before attending this conference, every student who applies must commit to raising money for global and local projects to earn their seat at the conference; there is no fee to attend other than volunteering to help raise funds for a local and global cause. Students will be accompanied by Mrs. Crouse, Mrs. Barteaux and Mrs. Veinott. This is an AVRSB sponsored event and transportation will be provided for students. Students will be receiving an application form early in November. For further information, visit www.we.org.

GRAD NEWS

A reminder to grads that grad ring sales will be in Ms. Lemon's room on **November 14 at lunch time**.

A reminder that grad fees of \$50.00 are due as soon as possible.

The grad fees help with the cost of grad all-nighter, prom and safe grad activities. Prom tickets are included for the grad and their date in the cost.

COMMUNITY OUTREACH

MRHS Community Outreach was excited to start the new year by helping Middleton Recreation with their Haunted House on Monday, October 30.

The committee looks forward to helping set up at the Middleton Remembrance Day Ceremony in mid-November.

If you know of anyone who is looking for volunteers to help with a project or event, please contact Kaylee Drew or Ms. Cole (lmcole@gnsps.ca).

TERRY FOX WALK

The school's Terry Fox Walk was held again this year and raised a total of \$481.00. Thanks to all who donated to this worthy cause!

JUNIOUR COUNCIL NEWS

Junior Council is pleased to announce that the Junior Council President this year is Jason Toole and Vice-president is Noah Bezanson. Congratulations!

TAKE OUR KIDS TO WORK DAY 2017

On Wednesday, November 1, the Grade 9 students of MRHS participated in Take Our Kids to Work Day. Take Our Kids to Work Day takes place in every province and territory across Canada on the first Wednesday of November each year. This unique experience allows students to spend the day at work—job shadowing a parent, relative, friend or volunteer host.

This opportunity enables students to develop an appreciation for the importance of staying in school and getting a high school diploma, as well as helping them gain exposure to the skills required in today's workplaces. Take Our Kids to Work Day helps students develop an appreciation for their parent's role in making a living and supporting their family. It promotes career discussions with adults about the work they do and helps students gain a better understanding of the complexity of career choices and helps them to explore career options in practical ways.

This program was launched in 1994 and has shown a growing popularity ever since. Middleton Regional High School has had 100% participation for the last twelve years.

It was a day that was enjoyed by all and the support of parents/guardians in making it a continued success is greatly appreciated!

SCHOOL CALENDAR FOR NOVEMBER

- November 1 - Take Your Kid to Work Day
- November 2 - School Dance—7:30 to 10:30 p.m.
- November 7 - AARAO Visit—10:45 to 12:00
- November 8 - Photo Retake Day—a.m.
- November 9 - Remembrance Day Assembly
- November 10 - Regional Shut Down Day (ML Marking/HS Inservice)—NO SCHOOL
- November 13 - Remembrance Day—NO SCHOOL
- November 16 - Report Cards Sent Home—Gr. 9-12
- November 24 - Report Cards Sent Home—Gr. 6-8
- November 28 - Parent/Teacher Visits for all Grades—1:00—3:30 p.m./6:30—8:00 pm.—EARLY DISMISSAL -12:15
- November 30 - Regional Inservice—NO SCHOOL/WE Day

TECHSPLOATION UPDATE

The Techsploration Alumnae went to Waterfront (Ivany) Campus-NSCC in Halifax on Friday, October 13. The team met up with Alumnae from other schools and also more Role Models. They were each able to work with a specific role model for a bit to learn more about what they do—electricians, plumbers, web design, IT, tugboat captain and environmentalists were among the many Role Models. The girls had a great day and had more opportunity to see what “non-traditional” careers are out there!

ENVIRONMENT CLUB

The Environment Club, headed by Danielle Stewart and Mrs. Rector, are having Natalie McMaster from Green Schools Nova Scotia visit on November 8 from 11:30 to 12:30 to meet with the club and any other students interested in becoming more “green”. Natalie offers excellent presentations and will give the club lots of ideas to use throughout the school year and beyond.

MONARCHS NEWS

The MRHS Senior Girls will be hosting a hockey tournament this weekend at the Middleton Arena. The girls play on:

Friday, November 3—Middleton vs West Kings—3:00 p.m.

Saturday, November 4—Middleton vs Hants East—11:05 a.m.

Sunday, November 5—Middleton vs Yarmouth—10:35 a.m.

Come out and cheer on the team!

Junior Boys Golf Team travelled to Osprey Ridge on October 4 for Regionals. Maddox DeEll, Hayden Wilkins, Matthew Lander-Pinard and Michael Hunter represented MRHS well and had a great season!

Junior B Girls Soccer Team worked hard this season, playing very well together, improving their skills and team work each time out on the field. As a result, the girls were undefeated this season. Great job!

Senior Boys Soccer Team enjoyed a season of successes and disappointments in 2017. The team finished 4-0-1 in divisional play and hosted Regional play due to their league-best record. The season included memories like clutch wins over Bridgetown (2-1) and NKEC (1-0) and scoring contributions from seven different players throughout the season.

At Regionals, a mix of suspensions, injuries and tough breaks took the boys to a 4th place finish, despite only losing by one goal in both the semi-final and 3rd place games. Finally, during a provincial qualifier on October 26, on a day where the wind was blowing so hard that a tree snapped in half, MRHS dominated play vs Eastern Shore but could not finish on their scoring chances. Eastern Shore benefitted from the wind on two opportunities and won the game 2-1.

Coach Seymour couldn't be more proud of how the Senior Boys represented MRHS and of the tremendous heart, effort and personality that the players brought to each game. The boys were a championship calibre team this year. For those returning next year, you should be excited for the future of soccer at Middleton!

BAND NEWS

Attention All Pie Lovers—You still have time to order a pie in support of the Band's annual Apple Pie Fundraiser. Hurry and order before **November 9**. Pies will arrive on **November 27**. For more details, contact Cheyenna Banks, Mr. Bezanson or a band student.

Please watch for an upcoming event: **PAINT NITE**—date to be announced soon.

A reminder that band fees are due. If fee payment has not yet been submitted, please contact Mr. Bezanson or Darlene Boekema to make arrangements—thanks.

COMMUNITY INFORMATION SESSION

An Information Session is being hosted by the Annapolis Valley Regional School Board RCH Division. The purpose of the session is to learn more about the RCH (Race Relations, Cross Cultural Understanding and Human Rights) Division and the Student Support Worker's Program.

Tuesday, November 7—Bridgetown Regional Community School—6:00 to 7:30 p.m. (Cafeteria) or

Wednesday, November 8—Annapolis West Education Centre—6:00 to 7:30 p.m. (Rm 306-Second Floor)

For more information, you may contact Krishinda McBride, RCH Coordinator, RCH Division, AVRSB

Phone: 902-538-4628